

# TAR(•)GET

\*

Topic	Month	Activity	Timetable	Max. Participants	Room
Mental Health and Impact Entrepreneurship	<b>JANUARY</b>				
	17	Shot well-being	-	-	-
	22	Founders circle	9:00-10:15	10	Bica
	25	Teaser	11:30-12:30	15	55
	29	Workshop	11:30-13:00	20	Bica
The Certainty of Uncertainty	<b>FEBRUARY</b>				
	7	Shot well-being	-	-	-
	14	Teaser	11:30-12:30	15	Bica
	19	Workshop	11:30-13:00	20	Bica
	26	Founders circle	9:00-10:15	10	Bica
My Mental Health on the Other	<b>MARCH</b>				
	6	Shot well-being	-	-	-
	11	Founders circle	9:00-10:15	10	Bica
	13	Teaser	12:00-13:00	15	Bica
	25	Workshop	11:30-13:00	20	LSE
Psychological Safety and Emotional Intelligence	<b>APRIL</b>				
	3	Shot well-being	-	-	-
	8	Founders circle	9:00-10:15	10	Bica
	10	Teaser	11:30-12:30	15	Terrace
	15	Workshop	11:30-13:00	20	LSE
	23	Coaching Individual (Online)	09:30 - 10:30   11:00 - 12:00	1	-
	24	Yoga	9:15-10:15	15	Bica
	30	Coaching Individual(P)	09:30 - 10:30	1	Aquário
	30	Coaching Team (P)	11:00 - 12:30	5	Aquário
Burnout	<b>MAY</b>				
	During the month	Shot well-being	-	-	-
	13	Founders circle	9:00-10:15	10	Bica
	15	Workshop/Teaser	11:30-12:30	15	Bica
	20	Workshop(ONLINE)	11:30-13:00	20	-
	24	Coaching Individual (P)	09:30 - 10:30	1	Aquário
	24	Coaching Team (P)	11:00 - 12:30	5	Aquário
	28	Coaching Team (P)	11:00 - 12:30	5	Bica
	28	Coaching Individual (Online)	17:00 - 18:00   18:30 - 19:30	1	-
	29	Yoga	9:15-10:15	15	Bica
Disruption as a sign of Mental Health	<b>JUNE</b>				
	3	Founders circle	9:00-10:15	10	Bica
	5	Shot well-being	-	-	-
	12	Teaser	11:30-12:30	15	Bica
	17	Workshop	11:30-13:00	20	LSE
	25	Coaching Individual (Online)	09:30 - 10:30   11:00 - 12:00	1	-
	26	Yoga	9:15-10:15	15	Bica
	27	Coaching Team (P)	11:00 - 12:30	5	Aquário
	28	Coaching Individual (P)	09:30 - 10:30	1	Aquário
28	Coaching Team (P)	11:00 - 12:30	5	Aquário	
Knowing how to make mistakes - the art of compassion	<b>JULY</b>				
	3	Shot well-being	-	-	-
	8	Founders circle	9:00-10:15	10	Bica
	10	Teaser	11:30-12:30	15	Bica
	15	Workshop	11:30-13:00	20	LSE
	23	Coaching Individual (Online)	09:30 - 10:30   11:00 - 12:00	1	-
	24	Yoga	9:15-10:15	15	Bica
	25	Coaching Team (P)	11:00 - 12:30	5	Aquário
	26	Coaching Individual (P)	09:30 - 10:30	1	Aquário
26	Coaching Team (P)	11:00 - 12:30	5	Aquário	



CASA DO IMPACTO

FIDELIDADE